

COVID-19
Staying safe and clean at iGive100 Fitness

Studio cleanliness is and has been a primary feature and benefit at iGive100 Fitness. With concerns and necessity to control the spread of COVID-19, we have created additional cleaning protocols to ensure we are adequately disinfecting all contact surfaces in between each client session. Additionally, iGive100 Fitness purchased a Triad Air purifying system that works to cleanse the air 24/7.

iGive100 Fitness client-trainer protocols currently include:

- All clients/trainers must **wear a mask** at all times while in the studio.
- ***Social distancing observed while in session***
- All clients/trainers must **wash their hands** upon entering the studio/before starting their session.
- No more than **4 people in the studio are allowed at one time**....(2 trainer, 2 clients).
- Any client/trainer **experiencing cold or flu like symptoms, please stay home.**
- Any client/trainer that learns they were **exposed to anyone testing positive for COVID-19 must refrain from any training at the studio for a period of 14 days.**

Updated:
November 6, 2020

****Subject to changes per local and state government mandates****